

CLIMBING ITINERARY

LEMAING / PANALABAN HOSTEL PACKAGE 2D1N

PARTICULARS	TIME
DAY 1	
Reach Kinabalu Park	07:00 AM to 10:30 AM
Pay Entrance Fee	
Register at Visitor Centre / Counter, Kinabalu Park	
Show your Invoice (Booking Fee) together with the List of Climbers & photocopy of Mykad/Passport to the staff.	
Self-check-in (booking website), available 2 days before climb.	
Our staff will process your Permit Tag.	
Guide Counter – arrange & pay Mountain Guide Fee	
Koktas Counter – arrange & pay Transportation Fee (from registration counter to starting point – Timpohon Gate)	
Porter Counter – arrange & pay Porter Fee <i>*optional</i>	
Permit Tag will be distributed	
To be transferred to Timpohon Gate together with your Mountain Guide	
Timpohon Gate: Briefing the Rules & Regulations by Mountain Guide	
Start to climb from Timpohon Gate to Panalaban (previously known as Laban Rata)	
Reach Panalaban (Laban Rata)	
Check-In to Lemaing / Panalaban Hostel	
Dinner at Laban Rata Resthouse (SSL)	04:30 PM - 07:00 PM
DAY 2	
Supper at Laban Rata Resthouse (SSL)	02:00 AM - 03:30 AM
Start to climb to the summit of Mt Kinabalu.	
Reach Sayat-Sayat Checkpoint	before 5:30 AM
<i>*Show your Permit Tag to the staff</i>	
Aim to reach the summit in time for sunrise	
Reach - LOW'S PEAK	
After 10 - 15 minutes - descend to Panalaban	
Breakfast at Laban Rata Resthouse (SSL)	07:30 AM - 10:30 AM
Continue descend to Timpohon Gate	before 4:00 PM
<i>*Extra charge RM15:00 / 1 hour if you reach Timpohon Gate</i>	after 04:00 PM
Transfer back to Visitor Centre (Counter, Kinabalu Park)	
Collect & pay your 'Climbing Certificate' <i>*optional</i>	
Summit (Low's Peak) RM10 (printed in colour); Below Summit RM1 (printed in black & white)	